

# Over the counter wellness benefit



Kaiser Permanente Senior Advantage (HMO), (HMO-POS) and (PPO)

## Use your over the counter (OTC) benefit to order OTC health and wellness products

### You can use your benefit to order:

- First-aid supplies
- Aspirin
- Cough, cold, and allergy medicine
- Incontinence products

It's important to note that the OTC products are intended for members' health and medical use only. The health information provided is general in nature and is not medical advice or a substitute for professional health care.

### Ready to order? It's easy! Call or click

Place your order for your OTC health and wellness products in one of the following ways:



[kp.org/otc/co](https://kp.org/otc/co)



**1-833-238-6616 (TTY 711)**

Monday through Friday, 6 a.m. to 6 p.m. MST

Please refer to your *Evidence of Coverage* for details regarding the OTC benefit. The OTC benefit may change each year on January 1. The minimum OTC order is \$35. Any unused portion of the quarterly benefit will not carry forward to the next quarter. Your order may not exceed your maximum benefit allowance. Limitations and restrictions may apply. Cash, checks, credit cards, or money orders are not accepted.

Kaiser Permanente is an HMO, HMO-POS, and PPO plan with Medicare contracts. Enrollment in Kaiser Permanente depends on contract renewal.

1241337556 November 2023 ©2023 Kaiser Foundation Health Plan of Colorado