



Manage your health 24/7

Stay connected anytime, anywhere

Whether you are at home or on the go, kp.org and the Kaiser Permanente mobile app gives you a simple, secure way to keep up with your care. ¹

- Talk to a doctor or clinician by video or phone 24/7²
- Schedule or cancel routine appointments
- Message your doctor's office with nonurgent questions
- Refill most prescriptions
- Check most test results and access medical records
- Access your digital member ID card
- View and pay bills

Need help scheduling an appointment or have other questions? Call **1-833-833-3333** (TTY **711**).

¹To register, you'll need your medical record number, which you can find on your ID card. These features are available when you get care from Kaiser Permanente facilities. Some app functions will only appear in English.

²When appropriate and available. If you travel out of state, phone appointments and video visits may not be available due to state laws that may prevent doctors from providing care across state lines. Laws differ by state. To have a video visit, members must be registered on kp.org and have a camera-equipped computer or mobile device.

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