



Pictured: Kapua K. Medeiros, MD, Family Medicine

Dedicated to high-quality care for women

From reproductive health and pregnancy to osteoporosis and heart disease, the health care needs of women differ from men. Our physicians work in collaboration to care for women across generations.



Support from a team of top-notch physicians

At Kaiser Permanente, our members have various choices for their health care needs. In addition to primary care physicians, members can self-refer to obstetrics/gynecology specialists (Ob-gyn), physician assistants, nurse practitioners, and certified nurse-midwives.

The common thread among these providers is advanced training in the care of women; a commitment to proven, evidence-based treatment; and a network of specialists and colleagues to support their work.



Better care with a connected team

Your Kaiser Permanente doctor, nurses, and other specialists all work together to keep you healthy. They're connected to each other, and to you, through your electronic health record. So they know important things about you and your health – like when you're due for a screening and what medications you're taking. That way, you get personalized care that's right for you.



Our services¹

We provide a wide variety of services to support overall health, and wellness, including:

- Bone health
- Breast health
- Gynecology
- Heart health
- Maternity and certain fertility services²
- Mental health and wellness
- Addiction and recovery
- Nutrition and weight management

To find more resources about these services, visit **kp.org** and these websites:

- Maternity Services, visit **kp.org/maternity**
- Family Birth Center, visit **kpfamilybirthcenter.org**



One of America's
Best Hospitals^{3,4}



kp.org

 **KAISER PERMANENTE®**

¹ For your plan and coverage details, see your Evidence of Coverage.

² For exclusions and limitations related to Fertility and Infertility Services, see your Evidence of Coverage.

³ Presented by Newsweek and Statista Inc., the world-leading statistics portal and industry ranking provider. Newsweek and Statista invited over 10,000 medical professionals to participate in the survey. Only 350 institutions nationwide were recognized on America's Best Maternity Hospitals 2022 list. The awards list was announced on May 11, 2022. For more information, visit the Newsweek website at **www.newsweek.com/worlds-best-hospitals-2022**.

⁴ The Women's Choice Award gives women a collective voice so that they can help each other identify trusted brands, products, and services. Best Hospitals awards are 100% objective, fact based awards based on what matters most to women when choosing a hospital. WomenCertified Inc. does not in any way endorse any business, hospital, brand, product and/or service, but instead, reports the collective opinion and judgment of female consumers for brands and publicly available clinical data for hospitals. Visit **www.womenschoiceaward.com** to learn more.