



## **Kaiser Permanente & Westminster Public Schools video transcript**

**Kirchers Leday:** My name is Kirchers Leday, chief of staff at Westminster Public Schools.

**Kirchers Leday:** Westminster Public Schools has offered Kaiser Permanente as the only option for our employees for over 20 years.

**Kirchers Leday:** Kaiser Permanente offers a flexible wide variety of healthcare options to meet the needs of our employees.

**Kirchers Leday:** What I frequently hear from colleagues when we're having conversations about Kaiser Permanente is the flexibility that they offer.

**Kirchers Leday:** I believe that by visiting a Kaiser Permanente facility and being able to get lab work, x-rays, seeing a doctor and also picking up a prescription in the same place, it gives you the ultimate convenience and saves you a lot of time.

**Kirchers Leday:** One of the things that I frequently hear is that the Kaiser Permanente app is a convenient way to have just some preventative conversations with individual physicians. Then the virtual option is also a quick and easy way to get some medical advice.

**Kirchers Leday:** The thing that we're focusing on right now in Westminster Public Schools is health and wellness for all of our staff.

**Kirchers Leday:** Kaiser Permanente has been instrumental with the Director of Wellness...to make sure that our employee groups are functioning at their highest performance level.

**Jean Tromblee:** My name is Jean Tromblee, and I am a workforce health consultant with Kaiser Permanente.

**Jean Tromblee:** Some of the concerns that employer groups have as far as for their workforce wellbeing are around keeping their population healthy, access to healthcare also with mental health and wellness, and cultivating a culture and retaining their employees.

**Jean Tromblee:** Kaiser Permanente is unique in providing workforce health support because we work with our employer groups in a consultative way to support them in achieving their goals.

**Kirchers Leday:** I believe Kaiser Permanente has been the right partner for us...As we have evolved over the years, they've addressed some of the specific requirements that we would have for flexible plans, offering options that would meet the needs of our employees as far as getting a quick appointment, doing a lot of preventative maintenance or preventative services, just being attuned to whatever we bring forward as a concern for us.

**Kirchers Leday:** If someone were to ask me about my personal coverage with Kaiser Permanente, I would say that it has been the best, most comforting thing that I could ever have imagined in going through the medical challenges that I have faced.