



Health360

Integrated coverage for whole body health

Health360 combines the medical excellence of Kaiser Permanente and pioneering dental care from Delta Dental of Washington in one plan. With a wide provider network and special member benefits, Health360 plans make it simple and affordable for you to live your healthiest life.

Why Kaiser Permanente?

- The support you need for better health: Get high-quality, personalized care designed to help you get and stay healthy.
- Focused on prevention: Catching issues early avoids more expensive care later.
- Your doctor, your choice: Pick your doctor based on what's important to you – and you can also change doctors at any time.
- Care that fits your life: Choose from virtual and in-person options, and get the care you need when you need it.

Why Delta Dental?

- Largest dental network in the state and the U.S., with 158,000+ in-network dentists nationwide
- Focused on oral and overall health through regular preventive care
- Personalized online tools, including Find a Dentist and an instant, accurate out-of-pocket cost estimator
- 95% member satisfaction rate*

(continues)

*Consumer Assessment of Healthcare Providers and Systems (CAHPS®) Dental Plan Survey, Agency for Healthcare Research and Quality, 2023.

How is Health360 different?

Dental health is essential for overall health. That’s why we teamed up with Delta Dental to offer a medical plan and a dental plan in one – so you can get the right care to stay healthy from head to toe.

As a Health360 member, you can earn an annual maximum step increase for each year that you get preventive dental care from a PPO network dentist. You can repeat this each year until you reach your annual maximum upper limit. See below for details on how this works.

Regular preventive care is especially important for people with certain health conditions. To help reduce the risk of potential problems,

Health360 includes a special benefit for members who are pregnant, managing heart disease, or living with diabetes.

- Through their connected care network, Delta Dental of Washington identifies and reaches out to higher-risk patients for dental case management while keeping specific diagnoses confidential.
- An extra dental cleaning and exam with any PPO network provider are offered every year to patients with qualifying conditions – at no additional charge. This extra visit won’t apply to your annual maximum or your plan’s cleaning and exam limitations.

Dental preventive care: Annual step increase example

Year 1 annual maximum: \$1,500	Year 2 annual maximum: \$1,750	Year 3 annual maximum: \$2,000
Get a cleaning from any PPO network dentist, and earn a maximum step increase of \$250 under the PPO network.	Get an X-ray and a cleaning, and earn a maximum step increase of \$250 under the PPO network.	Maximum reached! Get a fluoride treatment to keep your highest annual maximum under the PPO network.



Have questions?

For help with medical benefit questions, contact Kaiser Permanente Member Services at **206-630-4636** or **1-888-901-4636 (TTY 711)**, Monday through Friday, 8 a.m. to 5 p.m.

For help with dental benefit questions, call Delta Dental Customer Service at **1-800-554-1907**, Monday through Friday, 7 a.m. to 5 p.m., or visit deltadentalwa.com/mysmile.

Kaiser Foundation Health Plan of Washington or Kaiser Foundation Health Plan of Washington Options, Inc., 1300 SW 27th St., Renton, WA 98057