

Health Topic Emails

SOCIAL HEALTH

How to use this email:

Copy and paste this content into an email to help your employees connect to community resources in support of their total health.

Subject Line

Get connected to community resources

Headline

Resources to help you focus on total health

Body

You have enough on your mind without also having to worry about the rising costs of daily living. When tough times happen, it's good to know where you can turn for extra support.

Community-based resources are just a click or call away:

- **What is social health?** – The circumstances of daily life play a big role in your overall health. Access to healthy food, safe housing, quality education, and the internet are just some of the factors that can help or hinder health outcomes.
- **Connect to resources** – With so many social health factors, it's not surprising that many people report having at least one unmet social health need. Ensuring these daily necessities are taken care of can have a positive impact on health and quality of life.
- **Get support in your area** – Whether you're looking for childcare, transportation, or help paying utility bills, there are many programs and services near you that can provide information or assistance. Learn about available resources in this [online directory](#).

Social needs can have a major impact on health, well-being, and quality of life. Find [community resources](#) near you and get help when you or a family member needs it.