

Commercial driver's license medical evaluation

When you invest in workforce health, you get the peace of mind that comes from well-managed care while also protecting the health of your business. And when you have employees on the road, it's crucial that they're healthy and up to the task. Commercial driver's license medical evaluations are an essential tool to help you safeguard your employees and others when they're behind the wheel.

Ensure the health and safety of your drivers

Commercial driver's license medical evaluations help you identify any health and safety issues facing drivers you may hire. These examinations must meet federal standards and comply with all Department of Motor Vehicles (DMV) and Department of Transportation (DOT) requirements.

The DOT's Federal Motor Carrier Safety Administration (FMCSA) has established a National Registry of Certified Medical Examiners (NRCME). To be listed in the registry, a medical examiner must receive required training and pass a certification test. Only medical examiners in this registry are certified to conduct physical examinations for commercial motor vehicle (CMV) drivers.

The National Registry of Certified Medical Examiners

- Ensures medical examiners understand how FMCSA medical regulations and related guidance apply to CMV drivers
- Aims to enhance CMV driver health and reduce highway crashes

(continues on next page)

(continued)

What your employees can expect from their evaluation

With Kaiser Permanente, you get a single integrated solution to manage the risk factors that impact employee health – including driving safety risks. Comprehensive DMV/DOT commercial driver's license medical evaluations from FMCSA-certified Kaiser Permanente On-the-Job medical examiners include:

- **Occupational and medical history** – includes review of past injuries, illnesses, and disabling claims
- **Physical examination** – includes vital signs, height, weight, blood pressure, skin, eyes, heart, lungs, chest, abdomen, nervous system, and ear, nose, throat
- **Musculoskeletal evaluation** – directed toward past problems and motor vehicle operational tasks; includes focused back evaluation as well as neck, upper-extremity, and lower-extremity functional assessments
- **Visual acuity testing** – far, near, color, peripheral
- **Hearing screening** – includes whisper test
- **Dipstick urinalysis** – for indications of uncontrolled diabetes

- **Medical examiner assessment and medical recommendation** – based on DOT regulations; includes:
 - Medical examiner interpretation of regulations
 - Identification of renewal interval (2 years or less depending on medical conditions identified)
 - Completion of forms and certificate, as well as reporting certification decision results to FMCSA

Additional services are also available to meet medical requirements:

- DOT urine drug screen collection (DOT 49CFR, part 40)
- Breath alcohol testing (DOT 49CFR, part 40)*
- Additional test as clinically indicated: hemoglobin A1C (Hawaii only)

For more information, visit <https://www.fmcsa.dot.gov>

For more information on our occupational health and safety services, visit kp.org/occupational-health or call:

California: **1-888-565-9675**

Hawaii: **1-888-683-2208**

Northwest: **1-888-414-3531, Option 1**

Washington: **1-866-967-9675**

*Alcohol screening tests not available in Hawaii.
Information may have changed since publication.