

# Peace Officer Standards and Training (POST) examinations

To build a stronger future for your company, you need to protect the long-term health of your employees. Peace officer preplacement evaluations play an essential role in your workforce health strategy by making sure your peace officers are healthy and can safely perform their job functions. Plus, you will have a baseline for future medical and workers' compensation issues.

## Ensure the health and safety of your peace officers

POST preplacement examinations evaluate peace officers' health based on essential job tasks identified by you and the Commission on POST. The evaluations are designed to help prevent potential safety issues for candidates before, and during, employment. Optional tests and services can be added or recommended by the evaluating physician. Evaluations include:

- **Occupational and medical history:** a review of past injuries, illnesses, and claims of disability related to cardiovascular and musculoskeletal conditions, back injuries, and other conditions per the POST standards
- **Review of peace officer job descriptions:** a review of essential tasks, environmental factors, and staffing of specific departments
- **Physical examination:** a musculoskeletal evaluation based on past problems and current job tasks, focused back evaluation, neck and upper-extremity screening, and lower-extremity functional assessment

- **Visual acuity testing:** testing of far, near, color (HRR), and peripheral vision
- **Other POST-required exam components:** audiometry, spirometry, electrocardiogram (EKG), treadmill, urinalysis, purified protein derivative (PPD), complete blood count (CBC), comprehensive chemistry panel, and antibody measurements for hepatitis A, B, and C
- **Employer-optional services:** a review of immunizations

## A leader in occupational health

From our beginning days as a health plan for workers during World War II, we've supported occupational health programs and services – giving you and your employees the peace of mind that comes from partnering with an expert.

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## Additional KPOJ offerings (per POST standards)

### Public safety dispatcher preplacement exams

Evaluations include:

- **Occupational and medical history:** a review of past injuries, illnesses, and claims of disability related to cardiovascular and musculoskeletal conditions, back injuries, and other conditions
- **Other required components:** audiometry

For more information on our occupational health and safety services, visit [kp.org/occupational-health](https://kp.org/occupational-health) or call:

California: **1-888-565-9675**

Hawaii: **1-888-683-2208**

Northwest: **1-888-414-3531, option 1**

Washington: **1-866-967-9675, option 1**